

University of Florida
College of Public Health & Health Professions Syllabus
CLP4302 (section 0119): Introduction to Clinical Psychology (3 credit hours)
HPNP G-105
Semester: Fall, 2019, Tuesdays 9:35am – 12:35pm
Delivery Format: On-Campus
Course Website: <https://elearning.ufl.edu/> (Canvas)

Instructor Name: William M. Perlstein, Ph.D.
Room Number: HPNP 3120
Phone Number: (352) 222-8870 (mobile)
Email Address: wmp@php.ufl.edu
Office Hours: By appointment

Preferred Course Communications: Email (wmp@php.ufl.edu)

Prerequisites:

PSY 2012 General Psychology; CLP 3144 Abnormal Psychology; and STA 2023 Introduction to Statistics I

PURPOSE AND OUTCOME

Course Overview:

This course will provide a survey and exploration of contemporary roles of clinical psychologists. Course also emphasizes the integration of science and practice when solving problems of individuals, families, groups and communities. To address these goals, students will be introduced to: 1) different methods of assessment and different approaches to the practice of treatment in clinical psychology; 2) specialty areas within clinical psychology; and 3) education, training and licensure requirements to become a clinical psychologist.

The class can be conceptualized as comprising 5 non-mutually-exclusive modules:

- 1) History of clinical psychology;
- 2) Diagnosis and assessment;
- 3) Research methods in clinical psychology;
- 4) Assessment;
- 5) Intervention & prevention.

Course Objectives: After successfully completing CLP 4302, students will be able to (including but not limited to):

1. Identify and distinguish between major mental-health professions;
2. Demonstrate an understanding of how clinical psychologists approach mental-health diagnosis, assessment, prevention, and treatment;
3. Explain the importance of the scientist-practitioner model of clinical psychology;
4. Understand and explain similarities and differences in various specialty areas in clinical psychology;
5. Explain training and educational processes involved in licensure for clinical psychologists in the US;
6. Understand and explain assessment, treatment (i.e., intervention), and prevention methods in clinical psychology;
7. Understand and explain research methods in clinical psychology;
8. Describe the academic and professional preparation that Clinical Psychologists must complete before beginning clinical practice, including pre- and post-doctoral training and board certification;
9. Outline the strengths and limitations of published research so that the validity of findings regarding treatments can inform clinical decisions;
10. Describe the various areas of practice for Clinical Psychologists to include academic, clinical, and research contexts;

11. Distinguish the various assessment strategies and tools used in clinical practice, including assessing for psychopathology, neuropsychology, behavior, pediatrics, and personality;
12. Describe empirically-based principles of therapeutic change, including relevant client and therapist variables;
13. Understand and describe ethical issues in scientific-research and ethical codes for psychologist providing psychological services, as outlined by the American Psychological Association (APA);
14. Discuss evidence-based treatments so that their connection to valid research and their likelihood of effectiveness are addressed.

Instructional Methods:

Lecture, class discussion, and small-group and individual work will comprise the majority of class sessions. The role of the instructor will be to: present an overview of relevant topics, provide additional reading material and learning resources with up-to-date research findings, facilitate discussion of selected topics, and provide timely feedback. Expectations for students are to attend class fully prepared, participate in class discussions, and read assigned materials prior to class in preparation for lecture.

DESCRIPTION OF COURSE CONTENT

Topical Outline/Course Schedule

Week	Date(s)	Topic(s)	Readings	Assignments due
1	8/20	Syllabus Overview Introduction to and Evolution of Clinical Psychology	<ul style="list-style-type: none"> • Syllabus • Lee & Hunsley Ch. 1 • Lilienfeld (2012) • Lang (2016) 	In-class activity: Discussion on Ch. 1
2	8/27	Contemporary Clinical Psychology Guest speaker: Dr. Ron Rozensky, 9:35-11AM	<ul style="list-style-type: none"> • Lee & Hunsley Ch. 2 • Rozensky BIOSKETCH 2019 • 2014 Implications ACA for Education • 2018 Sci Prac TEPP • 2018 Rozensky et al Interprofessional curriculum • 2017 25 Yrs Education Rozensky Grus Fouad Daniel • 2016 Psychology's core knowledge • Rozensky (2012) Readings 2-8 are in files/Week2 Readings folder	N/A
	9/3	UF closed/classes canceled due to Dorian	N/A	N/A
3	9/10	Follow-up questions regarding Dr. R's presentation; Presentation of additional ppt slides from 8/27; discussion of Classification and Diagnosis (DSM & RDoC)	<ul style="list-style-type: none"> • Lee & Hunsley Ch. 3 • Frances-DSM video (in class) • Clark et al ICD11 DSM5 RDoC-2017 	In-class discussion & Frances video on DSM
	9/17	Perlstein out sick		N/A

Week	Date(s)	Topic(s)	Readings	Assignments due
4	9/24	Research Methods in Clinical Psychology	<ul style="list-style-type: none"> Lee & Hunsley Ch. 4 Wilson-Bullies 	In-class discussion of research methods
5	10/1	Syllabus quiz (5 points) Psychological Assessment I: Overview, Ethics, Interviewing & Observation	<ul style="list-style-type: none"> Lee & Hunsley Chs. 5-6 Woody (2008) APA Ethics code-2017 APA (2010)-Suicide Practice Guidelines 	In-class Syllabus quiz In-class discussion
6	10/8	Psychological Assessment II: Intellectual & Cognitive Functioning,	Lee & Hunsley Ch. 7	In-class discussion
	10/15	Perlstein out w/ family emergency		
7	10/22	Psychological Assessment III: Self-Report & Projective Measures, and Integration & Clinical Decision-Making Brief Exam 1 Review	Lee & Hunsley Chs 8-9 Lilenfeld (2008)	In-class discussion
8	10/29	EXAM 1	N/A	N/A
9	11/5	Prevention	Lee & Hunsley Ch. 10 Kognito online training (below & on Canvas site)	Kognito training in detecting emotional distress DUE: 5PM EST
10	11/12	Prevention (cont.)	Readings per last week	In-class discussion
11	11/19	Intervention I: Overview, Adults & Couples, Children & Adolescents Intervention II: Identifying Key Elements of Change Guest Speaker: Dr. Sarah Westen CHP, 9:45-10:15	Lee & Hunsley Chs. 11-13 Lee & Hunsley Ch. 14 WhyWorks	In-class discussion
12	11/26	Subspecialties in clinical psychology: Health Psychology, Neuropsychology, and Child Psychology Guest Speaker: Dr. Catherine Price, CHP, 11:15-12:15 Brief Exam 2 Review	Lee & Hunsley Ch. 15 Supplemental readings from guest speakers TBD	In-class discussion
13	12/3	FINAL EXAM	N/A	N/A

Kognito Training:

Kognito is a free online training simulation course that teaches effective techniques to help and refer friends, classmates, and peers around you who might be showing signs and symptoms of emotional distress. Kognito has three unique training modules, one for friends and family of students, one for faculty members, and one for helping student veterans. You are only expected to

complete the At-risk for Students module though we encourage you to explore the other modules as well.

As a friend, family member or UF peer, you may be the first one to notice signs of distress of someone around you. At UF, it is our shared responsibility to look out for one another and we are here to support you help distressed students. The UF Counseling and Wellness Center offers a free online resource, Kognito, to help you practice having difficult conversations and learn tools for when students show signs of stress. With Kognito, you can learn how to talk about these signs, practice sharing your concerns, and learn how to motivate the person in distress to seek help.

To take this course, follow these instructions:

1. Go to kognitocampus.com
2. Click on "Create a New Account"
3. *DO NOT USE THE SAME PASSWORD AS YOUR GATORLINK ACCOUNT*
4. Fill out form using enrollment key: ufl2323
5. Follow the on-screen instructions
6. Download your certificate of completion and upload to the corresponding Assignment in Canvas

Questions or concerns? Email Alejandra Salemi, the Kognito Program Ambassador at alejandras5@ufl.edu

Course Materials and Technology:

Required Textbook: Lee, C. M., & Hunsley, J. (2018). *Introduction to Clinical Psychology: An Evidence Based Approach*. (4th Edition). Canada: John Wiley & Sons. ISBN # 9781118949467.

For 14-days free access, visit: www.WileyStudentChoice.com and enter ISBN # 978-1-119-40306-7
Wiley provides an option of purchasing an e-book rental or e-book copy, or printed text
Additional readings as indicated and will be made available as pdfs via class website.

Canvas: Canvas is the course management system that you will use for this course. Canvas is accessed by using your Gatorlink account name and password at elearning.ufl.edu. There are several tutorials and student help links on the Canvas login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to helpdesk@ufl.edu. You are responsible for checking your account prior to each class to determine how you should prepare for the upcoming class.

If you have technical questions with your electronic device or the Canvas website, please contact the UF Help Desk at:

- Learning-support@ufl.edu
- (352) 392-HELP - select option 2
- <https://lss.at.ufl.edu/help.shtml>

ACADEMIC REQUIREMENTS AND GRADING

Attendance:

Attendance will be taken at every class. This includes exam days. You will be allowed to miss one class with no penalty with attendance counting for 40% of your final grade. Given that this is an upper level elective course, class attendance is expected, not optional. We will require you to sign into class each week to mark your class attendance. It will not be permitted to sign in for a classmate; anyone caught doing this will lose their and their classmate's attendance point for the day. We will ask you to sign in at a random time during the class period to encourage attendance throughout the duration of the class. If you do miss a class, it will be your responsibility to request notes from a classmate or schedule office hours with me to discuss content from that class.

Exams:

There will be TWO exams—a midterm and a final; each will be worth 20% of the total grade. Exams will not be cumulative and will cover material from lectures, readings, and in-class presentations or discussions. The format of exams will be multiple choice and short answer. There will be no make-up exams, except for documented medical reasons (i.e., physician note); other documented emergencies may or may not be approved pending decision by the instructor. If you miss an exam, you will receive a score of zero on that exam. Students who must miss class on the day of an exam may request arrangements to take the exam early, pending approval by the instructor. Such requests should be submitted in writing to the instructor as early as possible in the semester; these arrangements must be made early in the semester or they will not be considered. Exams will be administered through Canvas; thus, a compatible electronic device will be required to take the exam. Exams will be set-up such that you cannot access other browsers or windows on your device while the exam is in session. Exams are closed-book and no notes will be allowed.

Class attendance will be rewarded via the inclusion of in-class information in each exam that is not covered in the textbook. Exam #2 will be the Final Exam which will occur during the last scheduled class period (e.g., 12/3).

Grading:

Requirement	Due date	Points (% of Final Grade)
Attendance	Every assigned class or exam period	200 (40%)
Syllabus Quiz	Week 5	(5 extra credit points applied to final grade)
Exam #1	October 15, 2019	100 (20%)
Kognito training certificate	November 5, 2019 (5pm)	10 (2%)
Exam #2 (Final)	December 3, 2019	100 (20%)
Participation	Each week	100 (10 points each) (20%)
		Class total = 510 points (100%) + 5 extra credit points

Point system used (i.e., how do course percentage points translate into letter grades).

Example:

Points earned	93-100	90-92	87-89	83-86	80-82	77-79	73-76	70-72	67-69	63-66	60-62	Below 60
Letter Grade	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E

Please be aware that a C- is not an acceptable grade for graduate students. The GPA for graduate students must be 3.0. in all 5000 level courses and above to graduate. A grade of C counts toward a graduate degree only if a sufficient number of credits in courses numbered 5000 or higher have been earned with a B+ or higher. In addition, the Bachelor of Health Science Program does not use C- grades.

Letter Grade	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E	WF	I	NG	S-U
Grade Points	4.0	3.67	3.33	3.0	2.67	2.33	2.0	1.67	1.33	1.0	0.67	0.0	0.0	0.0	0.0	0.0

For greater detail on the meaning of letter grades and university policies related to them, see the Registrar's Grade Policy regulations at:

<http://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

Exam Policy:

There will be 2 exams in this course. All exams will be completed during the scheduled course time, in person, and proctored by the instructor (unless other arrangements have been made). Exams are closed book, will consist of multiple-choice and short-answer and an extra credit multiple-choice question. Exams will focus on the course content covered since the previous exam; that is, exams will not be cumulative. Each exam is worth 100 points, for a total of 200 points.

Policy Related to Make up Exams or Other Work:

We expect you to attend and to be prepared to participate in all class sessions. Personal issues with respect to fulfillment of course requirements will be handled on an individual basis. If you must miss an exam because of a foreseeable conflict (i.e., professional conference, athletic competition, religious observance, etc.) you are expected to notify us immediately to set-up alternative arrangements *prior* to the exam date. If a student is not in class for an exam due to an illness or medical emergency, they will be required to provide a statement from their healthcare provider documenting the illness or medical emergency. A make-up exam will be provided the first day the student returns to their normal class schedule or at the earliest convenience of the instructor. Requirements for make-up exams, assignments, and other work in this course are consistent with university policies that can be found in the online catalog at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

Please note all faculty are bound by the UF policy for excused absences. For information regarding the UF Attendance Policy see the Registrar website for additional details:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

Excused absences must be consistent with university policies in the Graduate Catalog (<http://gradcatalog.ufl.edu/content.php?catoid=10&navoid=2020#attendance>) and require appropriate documentation. Additional information can be found here:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

Reporting illnesses and family emergencies:

In the event you experience an unexpected illness, family, or otherwise personal emergency please notify the instructor immediately to set-up alternative arrangements.

The UF Religious Holidays Policy is available at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx#religious>

For University of Florida Students, the following guidelines apply:

- Students, upon prior notification to their instructors, shall be excused from class or other scheduled academic activity to observe a religious holy day of their faith.
- Students shall be permitted a reasonable amount of time to make up the material or activities covered in their absence.
- Students shall not be penalized due to absence from class or other scheduled academic activity because of religious observances.

Any requests for make-ups due to technical issues MUST be accompanied by the ticket number received from LSS when the problem was reported to them. The ticket number will document the time and date of the problem. You MUST e-mail me within 24 hours of the technical difficulty if you wish to request a make-up.

Policy Related to Required Class Attendance:

Attendance is considered an integral part of the learning experience as class discussions and lectures will include valuable material covered in the examinations that is not otherwise covered in the textbook. Thus, class attendance will be taken, and students are expected to attend all classes and participate in class discussions to have exposure to this information. Class attendance will be calculated into your final grade in the course through submission of the in-class assignments and weekly quizzes. **NOTE THAT STUDENTS WHO ARE NOT PRESENT IN CLASS WILL NOT RECEIVE CREDIT FOR TURNING IN AN IN-**

CLASS ASSIGNMENT OR QUIZ ON CANVAS. If students must be absent, they will be responsible for any missed material by acquiring lecture notes from other students who attended. You can expect that class slides will, in most cases, be on Canvas, however, not every lecture has slides that will accompany it and not all information will be on slides. Some material presented in lectures will not be in the texts and will be included on examinations. Thus, reduced attendance can be expected to result in a lower course grade. Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found in the online catalog at:
<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

Please note all faculty are bound by the UF policy for excused absences. For information regarding the UF Attendance Policy see the Registrar website for additional details:
<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

STUDENT EXPECTATIONS, ROLES, AND OPPORTUNITIES FOR INPUT

Expectations Regarding Course Behavior:

- Please refrain from using electronic devices during class lectures except for taking notes, completing in-class assignments, and quizzes/exams, as it is distracting and inconsiderate of other students and the instructor.
- Additionally, cell phones, recording devices (unless part of an accommodation for learning disabilities), and text messaging are prohibited during class. must be placed on silent or turned off during class. Any use of a cell phone during class (i.e., chatting, texting) will be considered a violation of this policy as it disrupts other students from learning. Students who violate this policy will be asked to leave and will lose 1% of their final grade per violation. Please speak to the instructors prior to the beginning of class if you experience an emergency that requires you to leave the room to take a phone call.
- Please do not arrive late to class or disrupt the class as it is distracting and inconsiderate of other students and the instructor.
- To the extent permitted by facility rules and restrictions, you may bring food and/or beverages to class as long as it does not interfere with your ability to work and/or participate in class, and as long as it does not interfere with or your classmates' ability to work and participate in class. You will be expected to clean-up after yourself and dispose of all trash before leaving the classroom.

Academic Integrity:

Students are expected to act in accordance with the University of Florida policy on academic integrity. As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

“We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.”

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied:

“On my honor, I have neither given nor received unauthorized aid in doing this assignment.”

It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For additional information regarding Academic Integrity, please see Student Conduct and Honor Code or the Graduate Student Website for additional details:

<https://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>
<http://gradschool.ufl.edu/students/introduction.html>

Please remember cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

Online Faculty Course Evaluation Process:

“Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.”

Policy Related to Guests Attending Class:

Only registered students are permitted to attend class. However, we recognize that students who are caretakers may face occasional unexpected challenges creating attendance barriers. Therefore, by exception, a department chair or his or her designee (e.g., instructors) may grant a student permission to bring a guest(s) for a total of two class sessions per semester. This is two sessions total across all courses. No further extensions will be granted. Please note that guests are **not** permitted to attend either cadaver or wet labs. Students are responsible for course material regardless of attendance. For additional information, please review the Classroom Guests of Students policy in its entirety. Link to full policy: <http://facstaff.phphp.ufl.edu/services/resourceguide/getstarted.htm>

SUPPORT SERVICES

Accommodations for Students with Disabilities:

If you require classroom accommodation because of a disability, it is strongly recommended you register with the Dean of Students Office <http://www.dso.ufl.edu> within the first week of class or as soon as you believe you might be eligible for accommodations. The Dean of Students Office will provide documentation of accommodations to you, which you must then give to me as the instructor of the course to receive accommodations. Please do this as soon as possible after you receive the letter. Students with disabilities should follow this procedure as early as possible in the semester. The College is committed to providing reasonable accommodations to assist students in their coursework.

Counseling and Student Health:

Students sometimes experience stress from academic expectations and/or personal and interpersonal issues that may interfere with their academic performance. If you find yourself facing issues that have the potential to or are already negatively affecting your coursework, you are encouraged to talk with an instructor and/or seek help through University resources available to you.

- The Counseling and Wellness Center 352-392-1575 offers a variety of support services such as psychological assessment and intervention and assistance for math and test anxiety. Visit their web site for more information: <http://www.counseling.ufl.edu>. On line and in person assistance is available.
- You Matter We Care website: <http://www.umatter.ufl.edu/>. If you are feeling overwhelmed or stressed, you can reach out for help through the You Matter We Care website, which is staffed by Dean of Students and Counseling Center personnel.
- The Student Health Care Center at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the web site at: <https://shcc.ufl.edu/>
- Crisis intervention is always available 24/7 from:
Alachua County Crisis Center:
(352) 264-6789
<http://www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx>

Do not wait until you reach a crisis to come in and talk with us. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance.

Inclusive Learning Environment:

Public health and health professions are based on the belief in human dignity and on respect for the individual. As we share our personal beliefs inside or outside of the classroom, it is always with the understanding that we value and respect diversity of background, experience, and opinion, where every individual feels valued. We believe in, and promote, openness and tolerance of differences in ethnicity and culture, and we respect differing personal, spiritual, religious and political values. We further believe that celebrating such diversity enriches the quality of the educational experiences we provide our students and enhances our own personal and professional relationships. We embrace The University of Florida's Non-Discrimination Policy, which reads, "The University shall actively promote equal opportunity policies and practices conforming to laws against discrimination. The University is committed to non-discrimination with respect to race, creed, color, religion, age, disability, sex, sexual orientation, gender identity and expression, marital status, national origin, political opinions or affiliations, genetic information and veteran status as protected under the Vietnam Era Veterans' Readjustment Assistance Act." If you have questions or concerns about your rights and responsibilities for inclusive learning environment, please see your instructor or refer to the Office of Multicultural & Diversity Affairs website: www.multicultural.ufl.edu.
