

# RCS 4451 REHABILITATION ASPECTS OF SUBSTANCE ABUSE

SPRING 2021, CLASS NUMBER 19286 (IN-PERSON) / 29429 (ONLINE)

3 CREDITS, DELIVERY FORMAT: IN-PERSON/ZOOM

LECTURE: TUESDAY, 3P-4:55P & WEDNESDAY, 3P-3:50P

LOCATION: HPNP RM 1404 (AUDITORIUM)

Instructor: Dr. Mike Moorhouse  
Office: HPNP, Room 4148  
Phone: 352.273.6564

Email: [mmoorhou@p.php.ufl.edu](mailto:mmoorhou@p.php.ufl.edu)  
Zoom Office Hours: Friday 10a – 12p,  
or by appointment

Prerequisites: *Students must be either a Health Science, Communication Science, or Public Health major in the College of Public Health and Health Professions; completing a Public Health minor; or have instructor permission.*

## PURPOSE AND OUTCOMES

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### COURSE OVERVIEW

This course will examine the primary determinants and outcomes associated with substance use from a public health perspective. We will explore how the evolving social climate has impacted our view of various substances, and will examine use patterns and consequences of many illegal and legal substances. Upon successfully completing the course, students will be more aware of substance use behavior and the significance of social contexts related to addiction.

### COURSE OBJECTIVES AND COMPETENCIES

Upon successful completion of this course, the student will be able to:

- Discuss current historical and perspectives on substance use.
- Identify common substances of abuse, their developmental effects, and the signs and symptoms of intoxication and withdrawal.
- Understand the sociopolitical circumstances that influence the past and future legality of drugs and alcohol.
- Discuss how substance use impacts individuals, families, and society.
- Discuss current “hot button” public health topics related to substance use.

## COURSE MATERIAL AND TECHNOLOGY

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### TEXTBOOK



The Heroin Diaries: A Year in the Life of a Shattered Rock Star  
Author: Nikki Sixx  
Publisher: New York: MTV Books  
Publication Year: 2008

- \*Available on Kindle and iTunes
- \*\*Audiobook version is acceptable

### TECHNOLOGY

Required Equipment: Computer with high-speed internet access, webcam, working microphone, and use of a supported browser is required. To access this course on Canvas, you will use your Gatorlink ID and password to login.

For technical support for this class, please contact the UF Help Desk by:

- Calling (352) 392-HELP (option 2),
- Emailing [learning-support@ufl.edu](mailto:learning-support@ufl.edu), or
- Going to [lss.at.ufl.edu/help.shtml](https://lss.at.ufl.edu/help.shtml)

## ACADEMIC REQUIREMENTS AND GRADING

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### REQUIREMENTS

**Exams** (60 Points) - Students will take 3, 40-question multiple choice assembly exams via HonorLock. All questions will be taken directly from lecture, videos, class discussion, and assigned readings. Students must log on to HonorLock to start the exam within 5 minutes of the exam start time. Each exam is closed book/note and students work independently. *Any student caught cheating will, at minimum, be referred to the Dean of Students Office, receive a zero on the exam, and have a full-letter grade reduction for the class.*

**Reaction Papers** (10 Points) - Students will participate in 7 classroom discussions. Each discussion will address a current “hot button” topic. Following each discussion, students will be responsible for submitting a 150 word reaction paper to Canvas by 11:59pm the day of the discussion. Each reaction paper will count for 2 points and only 5 of the 7 reaction papers will be needed to fulfill the total points toward your grade. No extra credit will be given if a student completes additional reaction papers. Late reaction papers, even by a minute, will not be accepted. Students must be present for the class discussion to be eligible to complete a reaction paper. *Any student submitting a reaction paper when they were not present for the in-class discussion will, at minimum, be referred to the Dean of Students Office, receive a zero on the assignment, and have a full-letter grade reduction for the class.*

**Attendance Checks** (10 Points) - The instructor will give 7 random attendance checks throughout the semester which may be given at the beginning, middle, or end of any class period. Each check will be worth 2 points and students need to be present for only 5 checks to receive full credit. Students who are registered for the in-person section of this course are not permitted to attend the zoom session without written permission from the instructor. Similarly, online students are not permitted to attend the in-person section. There are no make-ups for missed attendance checks, and no extra credit will be given for additional attendance checks. *Falsifying attendance on behalf of another student will, at minimum, result in a referral to the Dean of Students Office and full-letter grade reduction for the class for both the absent student and the student falsifying attendance.*

**Public Service Announcement** (10 Points) - Students will form into groups of 5 and develop a 30-90 second Public Service Announcement (PSA) related to drugs and/or alcohol. All students are expected to actively contribute to the development of the PSA. Further instructions will be provided.

**PSA Peer Evaluation** (5 Points) - Students will be evaluated by their PSA group members. To earn points, students must submit an evaluation of their group members. The final evaluation will be worth 5 points. If one group member is identified as contributing “less than expected” by two or more group members, the entire PSA group will meet with the instructor to discuss the situation. At the conclusion of that meeting, the instructor reserves the right to deduct points from the student’s professionalism grade.

**Professionalism** (5 Points) - The instructor reserves the right to deduct points for unprofessional behavior including, but is not limited to: texting during class, showing up late, distracting classmates, having your camera turned off or consistently being away from your computer, and unauthorized use of a computer (in-person students only). Failure to meaningfully contribute to your group’s PSA, may result in the loss of all professionalism points.

## GRADING

The student's final grade will be based on the number of points accumulated during the course:

Exams (x3)	60 Points	A	93-100 Points	=	4.00
Reaction Papers (x5)	10 Points	A-	90-92.99 Points	=	3.67
Attendance Checks (x5)	10 Points	B+	87-89.99 Points	=	3.33
PSA	10 Points	B	83-86.99 Points	=	3.00
PSA Peer Evaluation	5 Points	B-	80-82.99 Points	=	2.67
Professionalism	5 Points	C+	77-79.99 Points	=	2.33
		C	70-76.99 Points	=	2.00
		D+	67-69.99 Points	=	1.33
Total	100 Points	D	63-65.99 Points	=	1.00

Please see the UF Grading Policy for more information, please visit the undergraduate catalog at: <http://www.registrar.ufl.edu/catalog/policies/regulationgrades.html>

## GENERAL INFORMATION AND POLICIES

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### PROFESSIONALISM

Students are expected to conduct themselves in a professional manner in all communication with the course instructor and any staff that assist with this course. Moreover, students are expected to arrive to class on-time, turn off all cell phones, and conduct themselves accordingly (e.g., no excessive talking during class, cell phone use, or distracting classmates). Students attending the in-person section of the class are not authorized to have their computers (or any technology) open during class. In addition, in-person students must socially distant, and wear an approved face covering that covers their nose and mouth throughout the duration of class.

### COVID-19 PROTOCOL FOR IN-PERSON STUDENTS

In response to COVID-19, the following policies and requirements are in place to maintain your learning environment and enhance the safety of our in-classroom interactions.

- A. Students are required to wear approved face coverings that fully cover their nose and mouth at all times during class and within buildings. Following and enforcing these policies and requirements are all of our responsibility. If you fail to comply, you will be asked to leave class and you will be reported to the Program Director as well as the Office of Student Conduct and Conflict Resolution.
- B. This course has been assigned a physical classroom with enough capacity to maintain physical distancing (6 feet between individuals) requirements. Students must utilize designated seats and maintain appropriate spacing between one another. Please do not move desks or stations.
- C. Sanitizing supplies are available in the classroom if students wish to wipe down your desks prior to sitting down and at the end of the class.
- D. Students must follow instructor guidance on how to enter and exit the classroom. Practice physical distancing to the extent possible when entering and exiting the classroom.
- E. Students must be tested and cleared to return to campus AND get repeated testing (and clearance) every two weeks. Students not cleared to return to campus will not be permitted to attend class.
- F. Students who are not cleared to return to campus may only participate in class via Zoom at the instructor's discretion.

## **ACADEMIC HONESTY**

Students are expected to act in accordance with the University of Florida policy on academic integrity. As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

*“We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.”*

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied:

*“On my honor, I have neither given nor received unauthorized aid in doing this assignment.”*

It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

Violations of the Honor Code at the University of Florida will not be tolerated and will be reported to the Dean of Students Office for consideration of disciplinary action. For additional information regarding Academic Integrity, please see Student Conduct and Honor Code: [www.dso.ufl.edu/sccr/process/student-conduct-honor-code/](http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/).

## **COLLABORATION POLICY**

The completion of all coursework, except for the PSA, should be done individually. If you are unsure about what level of collaboration is appropriate, ask the instructor before beginning any graded assignment.

## **TECHNOLOGY POLICY**

The use of any technology for in person students during class, including cell phones, computers, tablets, etc., at any point is strictly prohibited unless otherwise instructed. Should you need to keep your cell phone on hand due to a personal reason, please inform the instructor prior to class. If attending class online, you will be required to have your cameras turned on and facing you at all times, unless given permission by the instructor.

## **LATE SUBMISSION POLICY**

Late submissions for Reaction Papers only will be accepted for up to 48 hours after the original deadline, and graded for a maximum of half credit (1 point). No Reaction Paper will be accepted after 48 hours past the deadline unless the student has been granted permission by the instructor.

It is your responsibility to check that the correct assignment has been submitted to Canvas on time. If you submit the wrong assignment, Canvas allows you to resubmit the correct assignment before the deadline. Submitting the wrong assignment will be considered the same as not submitting the assignment at all.

## **MAKE-UP POLICY**

Make-ups may be granted based upon the following circumstances: (a) illness, (b) serious family emergencies, (c) military obligation, (d) religious holidays, (e) participation in official university activities, or (f) court-imposed legal obligations. For circumstances a. and b., students must contact the faculty via email within 48 hours of the missed exam/assignment, and the faculty may request the student provide medical or other forms of documentation to validate the make-up.

For all other circumstances, students must contact the faculty at least 72 hours prior to the anticipated missed day and provide reasonable documentation confirming the obligation/activity. Note: circumstances c. through f. only apply to missed exams, attendance checks, and reaction papers.

Missed exams/reaction paper submissions due to severe weather or poor internet connectivity will be reviewed on a case by case basis. If you are unable to access consistent internet, please email the instructor ahead of time (if possible); otherwise email the instructor at the earliest time possible.

### **POSITIONALITY STATEMENT**

As a white, heterosexual, cisgender, able-bodied male, I recognize that my privilege insulates me from experiencing social and systemic discrimination, racism, oppression, rejection, or micro aggressions that many people have and continue to experience in their daily lives. This privilege is an inescapable part of my “identity” – something that has allowed me to never have to prove myself because of my sex, or be uneasy walking into a room where no one looks like me, or deny my authentic self for fear that family and friends will reject me. Moreover, my privilege has allowed me to navigate life largely unaffected by discriminatory practices, prejudicial policies, and implicit/explicit bias.

My lens, my values, my motivations have all been heavily influenced by my upbringing and my own lived experiences related to self-worth and inferiority. It is these experiences that drive me to champion diversity, equity, and inclusion inside and outside the classroom. I believe that we are all an intersection of vertical and horizontal identities that should be celebrated and affirmed, rather than hidden or oppressed. To that end, I strive to make safe and affirming spaces for all students regardless of race, ethnicity, sexual orientation, gender identity, or disability status; and hope to grow by becoming more educated and better understanding of the impact of social injustices.

### **INCLUSIVE LEARNING ENVIRONMENT POLICY**

The College of Public Health and Health Professions believes in human dignity and respect for the individual. As we share our personal beliefs inside or outside of the classroom, it is always with the understanding that we value and respect diversity of background, experience, and opinion, where every individual feels valued. We believe in, and promote, openness and tolerance of differences in ethnicity and culture, and we respect differing personal, spiritual, religious and political values. We further believe that celebrating such diversity enriches the quality of the educational experiences we provide our students and enhances our own personal and professional relationships. We embrace The University of Florida’s Non- Discrimination Policy, which reads, “The University shall actively promote equal opportunity policies and practices conforming to laws against discrimination. The University is committed to non-discrimination with respect to race, creed, color, religion, age, disability, sex, sexual orientation, gender identity and expression, marital status, national origin, political opinions or affiliations, genetic information and veteran status as protected under the Vietnam Era Veterans’ Readjustment Assistance Act.” If you have questions or concerns about your rights and responsibilities for inclusive learning environment, please see your instructor or refer to the Office of Multicultural & Diversity Affairs website: [www.multicultural.ufl.edu](http://www.multicultural.ufl.edu).

### **ACCOMMODATIONS FOR STUDENTS WITH DISABILITIES**

If you require classroom accommodation because of a disability, it is strongly recommended you register with the Dean of Students Office <http://www.dso.ufl.edu> within the first week of class or as soon as you believe you might be eligible for accommodations. The Dean of Students Office will provide documentation of accommodations to you, which you must then give to me as the instructor of the course to receive accommodations. Please do this as soon as possible after you receive the letter. Students with disabilities should follow this procedure as early as possible in the semester. The College is committed to providing reasonable accommodations to assist students in their coursework.

### **COUNSELING & STUDENT HEALTH**

Students sometimes experience stress from academic expectations and/or personal and interpersonal issues. If you find yourself facing issues that have the potential to or are already negatively affecting your coursework, you are encouraged to talk with an instructor and/or seek help through University resources available to you.

- The Counseling and Wellness Center (352) 392-1575 offers a variety of support services such as

psychological assessment and intervention and assistance for math and test anxiety. Visit their web site for more information: [www.counseling.ufl.edu](http://www.counseling.ufl.edu). Online and in-person assistance is available.

- U Matter, We Care website: [www.umatter.ufl.edu/](http://www.umatter.ufl.edu/). If you are feeling overwhelmed or stressed, you can reach out for help through the You Matter We Care website, which is staffed by Dean of Students and Counseling Center personnel.
- The Student Health Care Center at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at (352) 392-0627 or check out the web site at: [www.shcc.ufl.edu/](http://www.shcc.ufl.edu/).
- Crisis intervention is always available 24/7 from the Alachua County Crisis Center at: [www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx](http://www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx), or call at (352) 264-6789.

Do not wait until you reach a crisis to come in and talk with us. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance.

### **POLICY RELATED TO GUESTS ATTENDING CLASS**

Only registered students are permitted to attend class. However, we recognize that students who are caretakers may face occasional unexpected challenges creating attendance barriers. Therefore, by exception, a department chair or his or her designee (e.g., instructors) may grant a student permission to bring a guest(s) for a total of two class sessions per semester. This is two sessions total across all courses. No further extensions will be granted. Students are responsible for course material regardless of attendance. For additional information, please review the Classroom Guests of Students policy: <http://facstaff.php.ufl.edu/services/resourceguide/getstarted.htm>

### **ONLINE FACULTY COURSE EVALUATION PROCESS**

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Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give professional and respectful feedback is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

## CALANDER

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Calendar is subject to change. Any changes will be announced in class, and the student is personally responsible for obtaining updated information regarding those changes. If you miss class, it is your responsibility to obtain notes, handouts, and summary of the lesson/class activities from the missed class.

12-Jan	T	Syllabus Review / <a href="#">Syllabus Quiz</a> / <a href="#">About Me Survey</a>
13-Jan	W	Drug Basics
19-Jan	T	Class Discussion 1: Is Addiction a Disease? <a href="#">Reaction Paper</a>
20-Jan	W	Drug Use Patterns
26-Jan	T	The Long Strange History as to How Drugs Became Illegal in the US
27-Jan	W	The "War on Drugs"
02-Feb	T	The Impact of Incarceration and Mandatory Minimum Sentencing
03-Feb	W	Class Discussion 2: Should We Prosecute Pregnant Women Who Use Drugs? <a href="#">Reaction Paper</a>
09-Feb	T	<a href="#">Exam 1 (Including Heroin Diaries pages 1–139; December 1986 – April 1987) @7pm</a>
10-Feb	W	No Class
16-Feb	T	Alcohol: America's True National Past Time
17-Feb	W	Moms are MADD – The Formation of Mothers Against Drunk Driving
23-Feb	T	"Binge Drinking" Among College Students: The Good, the Bad, and the Ugly
24-Feb	W	Class Discussion 3: How Should Universities and Colleges Handle College Drinking? <a href="#">Reaction Paper</a>
02-Mar	T	Stimulants (Cocaine and Methamphetamine)
03-Mar	W	Tobacco: The World's Most Notorious Serial Killer
09-Mar	T	The Master Settlement Agreement: Funding Implications
10-Mar	W	Class Discussion 4: E-Cigarettes/Vaping Public Health Friend or Foe? <a href="#">Reaction Paper</a>
16-Mar	T	<a href="#">Exam 2 (Including Heroin Diaries pages 140 – 261; May 1987 – August 1987) @ 7pm</a>
17-Mar	W	Hallucinogens
23-Mar	T	Marijuana
24-Mar	W	Breaking Down State Marijuana Laws
30-Mar	T	Class Discussion 5: Should Marijuana Be Legalized at the Federal Level? <a href="#">Reaction Paper</a>
31-Mar	W	Heroin and Other Opioids
06-Apr	T	How Prescription Opioids Spiraled Out of Control
07-Apr	W	Harm Reduction: A Closer Look at Naloxone
13-Apr	T	Class Discussion 6: Heroin Diaries <a href="#">Reaction Paper</a>
14-Apr	W	Class Discussion 7: Student Choice <a href="#">Reaction Paper</a> / <a href="#">Public Service Announcements Due</a>
20-Apr	T	<a href="#">Exam 3 (Including Heroin Diaries pages 232 – 393; September 1987 – December 1987) @7pm</a>
21-Apr	W	Public Service Announcements Presentations