

**University of Florida**  
**College of Public Health & Health Professions Syllabus**  
**HSC 4600: Psychiatric Disorders (3 credit hours)**

Semester: Spring 2022

Delivery Format: On-Campus (HPNP G-301)

Friday Period 4-6 (10:40am-1:40pm)

Course Website or E-Learning <https://ufl.instructure.com/courses/348350>

Instructor Name: Glenn S. Ashkanazi, PhD

Room Number: G-901

Phone Number: 352-265-0294

Email Address: [Glenna@phhp.ufl.edu](mailto:Glenna@phhp.ufl.edu)

Office Hours: by appointment (most likely to be available before or after class)

Teaching Assistant: Charlayne Scarlett: [cscarlett1@ufl.edu](mailto:cscarlett1@ufl.edu)

Preferred Course Communications: email through e-learning (<http://elearning.ufl.edu>)

### **Prerequisites**

PSY 2012 General Psychology

## **PURPOSE AND OUTCOME**

### **Course Overview:**

The purpose of this course is to provide an overview of the varieties of disordered experience and conduct and how these influence personal and social adjustment. The course will focus on the description of various psychological disorders as defined by the *DSM-5*. Emphasis will be placed on the etiology, development, course, and treatment of psychopathology. Current theory and research will also be explored.

### **Course Objectives and/or Goals**

By the end of the semester students should have an understanding of:

- 1) Abnormal behavior in a historical context, including social and cultural influences on the conceptualization and treatment of mental disorders
- 2) The conceptual basis for major models of mental illness
- 3) The current system for the classification and assessment of mental disorders
- 4) The behaviors and symptoms necessary for the diagnosis of mental disorders
- 5) The biochemical, gender, cultural, and environmental factors which predispose individuals toward mental disorders and impact prognosis
- 6) The different approaches used in treating mental illness
- 7) Major legal and ethical issues influencing the treatment of mental illness

### **Instructional Methods**

Lecture, class discussion, and small-group and individual work will comprise the majority of class sessions. The role of the instructors will be to: present an overview of relevant topics, provide additional reading material and learning resources with up-to-date research findings, facilitate discussion of selected topics, and provide timely feedback. Expectations for students are to attend class fully prepared, participate in class discussions, and read assigned materials prior to class in preparation for lecture.

### **Blended Learning**

*What is blended learning and why is it important?*

A Blended Learning class uses a mixture of technology and face-to-face instruction to help you maximize your learning. Knowledge content that, as the instructor, I would have traditionally presented during a live class lecture is instead provided online before the live class takes place. This lets me focus my face-to-face teaching on course activities designed to help you strengthen higher order thinking skills such as critical thinking, problem solving, and collaboration. Competency in these skills is critical for today's health professional.

*What is expected of you?*

You are expected to actively engage in the course throughout the semester. You must come to class prepared by completing all out-of-class assignments. This preparation gives you the knowledge or practice needed to engage in higher levels of learning during the live class sessions. If you are not prepared for the face-to-face sessions, you may struggle to keep pace with the activities occurring in the live sessions, and it is unlikely that you will reach the higher learning goals of the course. Similarly, you are expected to actively participate in the live class. Your participation fosters a rich course experience for you and your peers that facilitates overall mastery of the course objectives.

## DESCRIPTION OF COURSE CONTENT

### Topical Outline/Course Schedule

Class	Date(s)	Topic(s)	Readings
1	Jan 7	Introduction / Overview; Abnormal Psychology, Past and Present	Chapter 1
		Research in Abnormal Psychology	Chapter 1
2	Jan 14	Models of Abnormality	Chapter 2
		Assessment / Diagnosis / Treatment (Exam review)	Chapter 3
3	Jan 21	EXAM 1	
		Stress Disorders (PTSD and Dissociative Disorders)	Chapter 5 (Kelsey Bacharz)
4	Jan 28	Anxiety Disorders	Chapter 4 (Seth Downing)
		Anxiety Disorders	Chapter 4
5	Feb 4	Mood Disorders	Chapter 6 ( <i>Kognito - TBD</i> )
		Mood Disorders (Exam Review)	Chapter 6
6	Feb 11	EXAM 2	
		Suicide	Chapter 7 ( <i>Rachel Gonzalez - TBD</i> )
7	Feb 18	Eating Disorders	Chapter 9 ( <i>Charly Scarlett/Dr. Ross or Dr. Pearl - TBD</i> )
8	Feb 25	Substance-Related Disorders	Chapter 10 (Dr. Shelby Blaes)
		Substance Related Disorders	Chapter 10

Class	Date(s)	Topic(s)	Readings
9	Mar 4	Sleep-Related Disorders	(Dr. Payne Murphy)
		Transplant Evaluations	(Dr. Ashkanazi)
	Mar 11	NO CLASS-SPRING BREAK	
10	Mar 18	EXAM 3	
		Somatic Disorders	Pages 237 – 247 (Dr. Caitlin Coyer)
11	Mar 25	Schizophrenia	Chapter 12 ( <i>Dr. Perlstein-TBD</i> )
		Psychopharmacology	( <i>Dr. Casio- TBD</i> )
12	Apr 1	Childhood Disorders	Chapter 14 (Dr. Wiens)
		Childhood Disorders	Chapter 14 ( <i>Brittany Biles/Erin Corcoran – TBD</i> )
13	Apr 8	EXAM 4	
13	April 8	Personality Disorders	Chapter 13 (Dr. Olivia Suddarth)
14	Apr 15	Dialectical behavior therapy	( <i>Dr. King – TBD</i> )
		Disorders of Aging and Cognition	Chapter 15 (Joshua Owens & Kailey Langer)
	Apr 28	EXAM 5 (Optional)	From 3:00 PM to 5:00PM

\*Scheduled presentations are subject to change with prior notice from the instructor.

\*\*Information about activities is available under the Resources tab of the class Canvas site.

### Course Materials and Technology

Comer, Ronald J. (2019). *Fundamentals of Abnormal Psychology* (9<sup>th</sup> ed.). New York: Worth Publishers.

For technical support regarding CANVAS for this class, please contact the UF Help Desk at:

- [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu)
- (352) 392-HELP - select option 2
- <https://helpdesk.ufl.edu/>

### LaunchPad

LaunchPad is an online resource where students can access their e-text, take quizzes, and more. You WILL need your NEW activation code received from purchase in your new book pack (printed on the inside cover), or code from the bookstore, OR from purchasing the access code online. **KEEP the code to register on LaunchPad as you WILL need it for required assignments, quizzes, and tests as well as access to the e-text. Do not lose the code as there is no way to receive a new code without paying.** NOTE: If you have a used book and the code was used in a previous semester, it will not let you use the code again. If you have not purchased the code and a quiz is due, you must contact Instructor prior to the quiz due date.

- Instructions for registering – Dr. Ashkanazi will provide you with instructions on how to register your code from our class in Canvas. Please use the same login ([your@ufl.edu](mailto:your@ufl.edu) email) and password that you used for Canvas and my.ufl.edu.
  - **If you have trouble during the registration process, please calls 1-800-936-6899 or email tech support at [BFW.TechnicalSupport@macmillan.com](mailto:BFW.TechnicalSupport@macmillan.com).**
- **Online Activities and Homework Assignments:** All LearningCurve preparatory assignments will be due by the start of class each week (**by Friday at 10:40 AM**). Any in-class activity assignments or other homework activities corresponding to a particular class (e.g., Video Activities, Clinical Choices, etc.) will be due that Friday before midnight (**by 11:59 PM on the same day as the class in which it was assigned/to which it corresponds**).

### Additional Academic Resources

[Career Connections Center](#): Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.

[Library Support](#): Various ways to receive assistance with respect to using the libraries or finding resources.

[Teaching Center](#): Broward Hall, 352-392-2010 or to make an appointment 352-392-6420. General study skills and tutoring.

[Writing Studio](#): 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers.

Student Complaints On-Campus: [Visit the Student Honor Code and Student Conduct Code webpage for more information](#).

On-Line Students Complaints: [View the Distance Learning Student Complaint Process](#).

## ACADEMIC REQUIREMENTS AND GRADING

**Total points = 610 (Lowest grade among exams can be dropped)**

### Grading

Requirement	Due date	Points
Exam 1	January 21, 2022	100 pts
Exam 2	February 11, 2022	100 pts
Exam 3	March 18, 2022	100 pts
Exam 4	April 8, 2022	100 pts
Class Activities	Each class	210 pts (activities 15 points each)
Exam 5 (optional)	April 28, 2022	(100 pts)

Can drop lowest test		Class total = 610 pts
Course evaluation	85% completion	Increase in 1 percentage points

Point system used (i.e., how do course points translate into letter grades).

<b>Points earned</b>	567-610	549-566	531-548	506-530	488-505	470-487	445-469	427-444	409-426	384-408	366-383	<366
<b>Percent</b>	93-100%	90-92%	87-89%	83-86%	80-82%	77-79%	73-76%	70-72%	67-69%	63-66%	60-62%	<60%
<b>Letter Grade</b>	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E

Please be aware that a C- is not an acceptable grade for graduate students. In addition, a grade of C counts toward a graduate degree only if an equal number of credits in courses numbered 5000 or higher has been earned with B+ or higher.

Letter grade to grade point conversions are fixed by UF and cannot be changed.

<b>Letter Grade</b>	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E	WF	I	NG	S-U
<b>Grade Points</b>	4.0	3.67	3.33	3.0	2.67	2.33	2.0	1.67	1.33	1.0	0.67	0.0	0.0	0.0	0.0	0.0

In addition, the Bachelor of Health Science and Bachelor of Public Health Programs do not use C- grades.

For greater detail on the meaning of letter grades and university policies related to them, see the Registrar's Grade Policy regulations at:

<http://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>  
<https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/>

## Exam Policy

### Policy Related to Make up Exams or Other Work

**Make-up work:** If you must miss an exam because of a foreseeable conflict (i.e., professional conference, athletic competition, religious observance, etc.) you are expected to notify us immediately to set-up alternative arrangements *prior* to the exam date. If a student is not in class for an exam due to an illness or medical emergency, they will be required to provide a statement from their healthcare provider documenting the illness or medical emergency. Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found in the online catalog at:

<https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/#absencetext>  
and  
<https://catalog.ufl.edu/UGRD/academic-regulations/examination-policies-reading-days/#excusedabsencetext>

Please note: Any requests for make-ups due to technical issues MUST be accompanied by the UF Computing help desk (<http://helpdesk.ufl.edu/>) correspondence. You MUST e-mail me within 24 hours of the technical difficulty if you wish to request a make-up.

## **Policy Related to Required Class Attendance**

**Class attendance** is considered an integral part of the learning experience as class discussions and lectures will include valuable material covered in the examinations that is not otherwise covered in the textbook. While class attendance will not be taken, 21.5% of your final grade will come from **in-class activities** (*you must be in class physically in order to participate in activities*). Thus, students are expected to attend all classes and participate in class discussions to have exposure to this information. If an absence is **excused**, the student will be allowed the opportunity to complete the in-class activity on their own time, due to Charlayne Scarlett via email (cscarlett1@ufl.edu) within 48 hours of the missed class period. It is the student's responsibility to reach out regarding excused absences. Activities missed due to **unexcused absences** will be given a zero. If students must be absent, they will be responsible for any missed material by acquiring lecture notes from other students who attended. You can expect that class slides will, in most cases, be on Canvas, however, not every lecture has slides that will accompany it and not all information will be on slides. Some material presented in lectures will not be in the texts and will be included on examinations. Thus, reduced attendance can be expected to result in a lower course grade.

We understand that many students will have extenuating circumstances throughout the semester. Should this occur, it is the student's responsibility to be proactive in addressing their situation with the instructors. If you believe you have a legitimate reason for missing class, you may request an extension from the instructors **before the missed class**. Should that not be physically possible, students should contact the instructor with documentation of their difficulty immediately. Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at:

View the UF policies regarding medical excuse from classes at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

## **STUDENT EXPECTATIONS, ROLES, AND OPPORTUNITIES FOR INPUT**

### **Expectations Regarding Course Behavior**

**Class participation:** As Psychiatric Disorders is a thought-provoking topic and often leads to interesting discussions about the topics covered within this course, student participation is expected. We expect each individual to contribute throughout the semester and will monitor ongoing student participation. Remember: There are no "stupid questions" and one of the most powerful ways to learn is in the moment by interacting with your instructors and classmates.

**Course evaluations:** We take your feedback seriously and thus ask that each student complete the course evaluations at the end of the semester. If at least 85% of students in the class complete the course evaluations for both the faculty member and the teaching assistants, then 2 percentage points will be added to every student's final grade.

**Professional behavior:** Professional behavior is expected in the classroom at all times. This includes arriving to class promptly and staying until the end of class, avoiding any form of classroom disruption, and treating the instructor and peers with respect.

**Use of computers/technology:** Before class starts, you are welcome to use computers to check email, play games, and any other personal purpose consistent with college policies. Once class starts, you must close (not just minimize) all programs and windows not being used for class purposes. This

includes instant messaging, chats, email, games, websites that are not being used directly for class, and others. If you use computers in a manner contrary to the directions of the syllabus and/or instructor, you may be asked to leave the class for the day.

**Use of cell phones:** Cell phones are distracting. Cell phones must be placed on silent or turned off during class. Any use of a cell phone during class (i.e., chatting, texting) will be considered a violation of this policy as it disrupts other students from learning. Please speak to the instructors prior to the beginning of class if you experience an emergency that requires you to leave the room to take a phone call.

**Food/Drink:** To the extent permitted by facility rules and restrictions, you may bring food and/or beverages to class as long as it does not interfere with your ability to work and/or participate in class and as long as it does not interfere with or your classmates' ability to work and participate in class. You will be expected to clean-up after yourself and dispose of all trash before leaving the classroom.

### **Academic Integrity**

Students are expected to act in accordance with the University of Florida policy on academic integrity. As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

**“We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.”**

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied:

**“On my honor, I have neither given nor received unauthorized aid in doing this assignment.”**

It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For additional information regarding Academic Integrity, please see Student Conduct and Honor Code or the Graduate Student Website for additional details:

<https://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>

<http://gradschool.ufl.edu/students/introduction.html>

Please remember cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

### **PROFESSIONALISM AND COVID**

As students pursuing a path in the health professions or public health, it is crucial to demonstrate professional behaviors that reflect integrity and commitment to the health of patients, fellow health professionals, and to populations we serve. To accomplish this, a strong responsibility for the well-being of others must be evident in our decisions, along with accountability for our actions. Professionalism in the health disciplines requires adherence to high standards of conduct that begin long before graduation. This is particularly true during times of health emergencies such as the

COVID pandemic, given our professional habits can have a direct impact upon the health of persons entrusted to us.

If you are not vaccinated, get vaccinated. Vaccines are readily available at no cost and have been demonstrated to be safe and effective against the COVID-19 virus. Visit this link for details on where to get your shot, including options that do not require an appointment: <https://coronavirus.ufhealth.org/vaccinations/vaccine-availability/>. Students who receive the first dose of the vaccine somewhere off-campus and/or outside of Gainesville can still receive their second dose on campus.

In response to COVID-19, **the following professional practices are in place** to maintain your learning environment, to enhance the safety of our in-classroom interactions, and to protect the health and safety of ourselves, our patients, our neighbors, and our loved ones.

- You are required to wear approved face coverings at all times while in Health Science Center classrooms and within Health Science Center buildings even if you are vaccinated.
- If you are sick, stay home and self-quarantine. Please visit the UF Health Screen, Test & Protect website about next steps, retake the questionnaire and schedule your test for no sooner than 24 hours after your symptoms began. Please call your primary care provider if you are ill and need immediate care or the UF Student Health Care Center at 352-392-1161 (or email [covid@shcc.ufl.edu](mailto:covid@shcc.ufl.edu)) to be evaluated for testing and to receive further instructions about returning to campus. UF Health Screen, Test & Protect offers guidance when you are sick, have been exposed to someone who has tested positive or have tested positive yourself. Visit the UF Health Screen, Test & Protect website for more information.
- Continue to follow healthy habits, including best practices like frequent hand washing.
- Avoid crowded places (including gatherings/parties with more than 10 people)

Sanitizing supplies are available in the classroom if you wish to wipe down your desks prior to sitting down and at the end of the class. Hand sanitizing stations will be located in every classroom.

Course materials will be provided to you with an excused absence, and you will be given a reasonable amount of time to make up work. If you are withheld from campus by the Department of Health through Screen, Test & Protect you are not permitted to use any on campus facilities. Students attempting to attend campus activities when withheld from campus will be referred to the Dean of Students Office.

Continue to regularly visit [coronavirus.UFHealth.org](https://coronavirus.UFHealth.org) and [coronavirus.ufl.edu](https://coronavirus.ufl.edu) for up-to-date information about COVID-19 and vaccination.

### **COVID-19 Symptoms**

See <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html> for information about COVID-19 symptoms, which may include fever, cough, shortness of breath or difficulty breathing, fatigue, chills, muscle or body aches, headache, sore throat, congestion or runny nose, nausea or vomiting, diarrhea, and loss of taste or smell.

### **Recording Within the Course**

Students are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in,



or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor.

A “class lecture” is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course. A class lecture does not include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or lecturer during a class session.

Publication without permission of the instructor is prohibited. To “publish” means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third-party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student Honor Code and Student Conduct Code.

### **Policy Related to Guests Attending Class**

Only registered students are permitted to attend class. However, we recognize that students who are caretakers may face occasional unexpected challenges creating attendance barriers. Therefore, by exception, a department chair or his or her designee (e.g., instructors) may grant a student permission to bring a guest(s) for a total of two class sessions per semester. This is two sessions total across all courses. No further extensions will be granted. Please note that guests are **not** permitted to attend either cadaver or wet labs. Students are responsible for course material regardless of attendance. For additional information, please review the Classroom Guests of Students policy in its entirety. Link to full policy:

<http://facstaff.phhp.ufl.edu/services/resourceguide/getstarted.htm>

### **Online Faculty Course Evaluation Process**

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

## **SUPPORT SERVICES**

### **Accommodations for Students with Disabilities**

If you require classroom accommodation because of a disability, it is strongly recommended you register with the Dean of Students Office <http://www.dso.ufl.edu> within the first week of class or as soon as you believe you might be eligible for accommodations. The Dean of Students Office will provide documentation of accommodations to you, which you must then give to me as the instructor of the course to receive accommodations. Please do this as soon as possible after you receive the

letter. Students with disabilities should follow this procedure as early as possible in the semester. The College is committed to providing reasonable accommodations to assist students in their coursework.

### **Counseling and Student Health**

Students sometimes experience stress from academic expectations and/or personal and interpersonal issues that may interfere with their academic performance. If you find yourself facing issues that have the potential to or are already negatively affecting your coursework, you are encouraged to talk with an instructor and/or seek help through University resources available to you.

- The **Counseling and Wellness Center** 352-392-1575 offers a variety of support services such as psychological assessment and intervention and assistance for math and test anxiety. Visit their web site for more information: <http://www.counseling.ufl.edu>. Online and in person assistance is available.
- **U Matter We Care** website: <http://www.umatter.ufl.edu/>. If you are feeling overwhelmed or stressed, you can reach out for help through the You Matter We Care website, which is staffed by Dean of Students and Counseling Center personnel.
- The **Student Health Care Center** at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the web site at: <https://shcc.ufl.edu/>
- Crisis intervention is always available 24/7 from: Alachua County Crisis Center: (352) 264-6789  
<http://www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx>
- **University Police Department:** [Visit UF Police Department website](#) or call 352-392-1111 (or 9-1-1 for emergencies).
- **UF Health Shands Emergency Room / Trauma Center:** For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; [Visit the UF Health Emergency Room and Trauma Center website](#).

Do not wait until you reach a crisis to come in and talk with us. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance.

### **Inclusive Learning Environment**

Public health and health professions are based on the belief in human dignity and on respect for the individual. As we share our personal beliefs inside or outside of the classroom, it is always with the understanding that we value and respect diversity of background, experience, and opinion, where every individual feels valued. We believe in, and promote, openness and tolerance of differences in ethnicity and culture, and we respect differing personal, spiritual, religious, and political values. We further believe that celebrating such diversity enriches the quality of the educational experiences we provide our students and enhances our own personal and professional relationships. We embrace The University of Florida's Non-Discrimination Policy, which reads, "The University shall actively

promote equal opportunity policies and practices conforming to laws against discrimination. The University is committed to non-discrimination with respect to race, creed, color, religion, age, disability, sex, sexual orientation, gender identity and expression, marital status, national origin, political opinions or affiliations, genetic information and veteran status as protected under the Vietnam Era Veterans' Readjustment Assistance Act." If you have questions or concerns about your rights and responsibilities for inclusive learning environment, please see your instructor or refer to the Office of Multicultural & Diversity Affairs website: [www.multicultural.ufl.edu](http://www.multicultural.ufl.edu)