

HSC 2000

Introduction to Health Professions [3 Credits]

Class Number: 13086

Semester: Spring 2024

Delivery Format: Blended Learning / On-Campus (in-person)

Class Time: Wednesday 8th and 9th periods (3:00p – 4:55p)

Location: Communicore, Room CG-024

Course Website: lss.at.ufl.edu (Canvas)



Instructor: Richard Tovar, MS

Phone: 352-273-9789

Office Hours: Wednesday 12:30p-2:45p [HPNP 4144]

Email: richard.tovar@php.ufl.edu or via Canvas Message

Preferred Communication: Canvas Message (Course mail)

PURPOSE AND OUTCOMES

Course Overview

This course provides an overview of the U.S. healthcare system and the health workforce. Specifically, this course will examine issues affecting healthcare delivery including social determinants of health, healthcare reform, and healthcare insurance. This course will also explore the roles and educational requirements of physicians, dentists, nurses, occupational therapists, and other allied health professionals. The course emphasis is to establish a solid foundation of professional characteristics, behaviors, values, skills, and knowledge for students to build upon in their healthcare careers.

Course Objectives and Competencies

Upon successful completion of the course, students will be able to:

- Describe the roles and responsibilities of various healthcare professionals within the current healthcare delivery system
- Describe the US healthcare system and the insurance industry's role in financing healthcare
- Describe the relationship between public health and healthcare
- Identify various health inequities and health disparities found within the US
- Identify personal traits and attitudes desirable in healthcare team members
- List prerequisite coursework and other requirements needed to fulfill the requirements for various graduate/professional programs in the health professions

Instructional Methods

The course is housed in Canvas, a UF e-Learning platform. This course uses a blended learning approach which mixes technology and face-to-face instruction to maximize learning. Content that may have traditionally been presented during a live class is instead provided online before the in-class session takes place. This allows the instructor time to focus class time on course activities designed to help you strengthen higher order thinking skills such as critical thinking, problem-solving, and collaboration. All course material is delivered using a combination of video recording, including guest lectures and invited health professional presentations, as well as assigned readings, videos, and class discussion. Regular class attendance, presence, and engagement are absolutely critical to be successful in this course and it is also what makes this class useful for you. While course readings and class presentations are posted on Canvas, understanding the material requires active participation in class and group discussions, and detailed notetaking.

This class meets once per week, and you are expected to attend and actively engage in the course throughout the term. You must come to class prepared by completing all out-of-class requirements prior to class. This preparation gives you the knowledge needed to engage in higher levels of learning during the in-class sessions. You are expected to actively participate in the session, which fosters a rich course experience for you and your peers that facilitates overall mastery of the course objectives.

COURSE MATERIALS AND TECHNOLOGY

Textbooks

Stanfield's Introduction to Health Professions, by L Nanna Cross and Dana McWay, 8th edition. Jones and Bartlett Publishing. ISBN-13: 9781284219456

Other Course Material

Each week, students will be assigned various articles, recorded lectures, webpages, videos, etc. that they must read/watch prior to class. All course material will be made available on the Canvas website at least 1 week prior to class. Within class, the instructor will facilitate class discussion, small group work, and activities to promote further understanding of class topics.

Technology

Required Equipment: Computer with high-speed internet access and use of a supported browser (Google Chrome recommended). Additionally, all students are will be required to have a webcam and microphone to participate during the Zoom class times. To access this course on Canvas, you will use your Gatorlink ID and password to login to the course.

For technical support for this class, please contact the UF Help Desk by:

- Calling (352) 392-HELP (option 2),
- Emailing learning-support@ufl.edu, or
- Going to <https://helpdesk.ufl.edu/>

ACADEMIC REQUIREMENTS AND GRADING

Quizzes (50% of final grade)

Each week students will complete a 10 question, multiple choice quiz to assess their understanding and retention of the material. Quizzes will be open the first 10 minutes of class and students complete the quiz on Canvas. Students must be present in class to take the quiz and are not permitted to use source material, notes, classmates, online resources, or aids of any kind while taking a quiz. A total of 13 quizzes will be administered with the 2 lowest quiz grades being automatically dropped. Only students with excused absences (see Make-Up Policy below) will be allowed to make-up a quiz.

Professional Development Assignments (15% of final grade)

Throughout the semester, students will complete 2 professional development assignments with the goal of solidifying their professional identity. For Assignment 1, students to explore various organizations related to their chosen profession and research requirements, etc. For Assignment 2, students will seek out potential graduate programs and identify the prerequisite coursework and additional requirements necessary to be eligible for said programs. Additional details for each assignment is provided on Canvas.

Reaction Papers/Activities (10% of final grade)

For weeks 2-9, students will participate in a class discussion or small group activity regarding that week's topic. Following discussions, students will be given a prompt for which they will provide their reaction on Canvas. Conversely, following small group activities, students will upload their activity to Canvas. A total of 8 reactions/activities will be administered but only 7 will count toward your grade (i.e., two missed class reactions/activities can be unexcused without any penalty). Only students with excused absences (see Make-Up Policy below) will be allowed to make-up a missed reaction. No extra credit will be given to students who complete more than 7 reaction assignments.

Group Assignment (20% of final grade)

The final assignment will be a two-part group assignment where students will work in teams to diagnose and treat a fictitious patient.

Attendance (5% of final grade)

The instructor will give 7 random "attendance checks" throughout the semester. The check may be given at any point during class, however students need to only be present for 5 checks to receive full credit (5 points). No extra credit will be given for additional attendance checks.

*Extra Credit

If extra credit is offered in this course, the same opportunity (or opportunities) will be offered to all enrolled students. Extra credit will not be given on a case-by-case basis.

Grading

Final grades will be based on the number of points accumulated during the course. ***Grades will not be rounded.*** Also note, there is no C- grade given for this course.

Quizzes (x10)	50 Points	A	93-100 Points	= 4.00
Professional Development Assignment 1	05 Points	A-	90-92.99 Points	= 3.67
Professional Development Assignment 2	10 Points	B+	87-89.99 Points	= 3.33
Class Discussion Reactions (x10)	20 Points	B	83-86.99 Points	= 3.00
Group Assignment	10 Points	B-	80-82.99 Points	= 2.67
Attendance	05 Points	C+	77-79.99 Points	= 2.33
		C	70-76.99 Points	= 2.00
		D+	67-69.99 Points	= 1.33
Total Points	100 Points	D	63-65.99 Points	= 1.00
Extra Credit	03 Points Max	D-	60-62.99 Points	= 0.67
		E	< 60 Points	= 0.00

For greater detail on letter grades and university policies related to them, see the Registrar's Grade Policy at:

<http://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONALISM

As students pursuing a path in the health professions or public health, it is crucial to demonstrate professional behaviors that reflect integrity and commitment to the health of patients, fellow health professionals, and to populations we serve. To accomplish this, a strong responsibility for the well-being of others must be evident in our decisions, along with accountability for our actions. Professionalism in the health disciplines requires adherence to high standards of conduct that begin long before graduation.

CLASS POLICIES

Make-Up Work Policy

Make-ups may be granted based upon the following circumstances: (a) illness, (b) serious family emergencies, (c) military obligation, (d) religious holidays, (e) participation in official university activities, or (f) court-imposed legal obligations. For circumstances a. and b., students must contact the faculty via email within 48 hours of the missed quiz/assignment, and the faculty may request the student provide medical or other forms of documentation to validate the make-up. For all other circumstances, students must contact the faculty at least 72 hours prior to the anticipated missed day and provide reasonable documentation confirming the obligation/activity.

Failure to submit reaction papers/assignments due to severe weather or poor internet connectivity will be reviewed on a case by case basis. If you are unable to access consistent internet, please email the instructor ahead of time (if possible); otherwise email the instructor at the earliest time possible.

Recording Policy

Students are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor.

A "class lecture" is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University,

or by a guest instructor, as part of a University of Florida course. A class lecture does not include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or lecturer during a class session.

Publication without permission of the instructor is prohibited. To “publish” means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student Honor Code and Student Conduct Code.

Late Submission Policy

Late submissions for Professional Development Assignments will be accepted for up to 48 hours after the original deadline, and graded for a maximum of half credit. Assignments submitted after the 48 hour window will not be accepted (unless excused) and the student will earn a 0.

It is your responsibility to check that the correct assignment has been submitted to Canvas on time. If you submit the wrong assignment, Canvas allows you to resubmit the correct assignment before the deadline. Submitting an assignment even 1 minute after the time it is due will be considered late – please do not wait to complete and submit your assignments.

Policy Related to Guests Attending Class

Only registered students are permitted to attend class. However, we recognize that students who are caretakers may face occasional unexpected challenges creating attendance barriers. Therefore, by exception, a department chair or his or her designee (e.g., instructors) may grant a student permission to bring a guest(s) for a total of two class sessions per semester. This is two sessions total across all courses. No further extensions will be granted. Students are responsible for course material regardless of attendance. For additional information, please review the Classroom Guests of Students policy: <http://facstaff.php.ufl.edu/services/resourceguide/getstarted.htm>

Collaboration Policy

Unless otherwise stated explicitly by written instructions, the preparation of all coursework should be done individually. If you are unsure about what level of collaboration is appropriate, ask the instructor before beginning any graded assignment.

Academic Integrity Policy

Students are expected to act in accordance with the University of Florida policy on academic integrity. As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

“We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.”

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied:

“On my honor, I have neither given nor received unauthorized aid in doing this assignment.”

It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

Violations of the Honor Code at the University of Florida will not be tolerated and will be reported to the Dean of Students Office for consideration of disciplinary action. For additional information regarding Academic Integrity, please see Student Conduct and Honor Code: www.dso.ufl.edu/sccr/process/student-conduct-honor-code/.

Please remember cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

SUPPORT SERVICES

Accommodations for Students with Disabilities

If you require classroom accommodation because of a disability, it is strongly recommended you register with the Dean of Students Office <http://www.dso.ufl.edu> within the first week of class or as soon as you believe you might be eligible for accommodations. The Dean of Students Office will provide documentation of accommodations to you, which you must then give to me as the instructor of the course to receive accommodations. Please do this as soon as possible after you receive the letter. Students with disabilities should follow this procedure as early as possible in the semester. The College is committed to providing reasonable accommodations to assist students in their coursework.

Counseling and Student Health

Students sometimes experience stress from academic expectations and/or personal and interpersonal issues that may interfere with their academic performance. If you find yourself facing issues that have the potential to or are already negatively affecting your coursework, you are encouraged to talk with an instructor and/or seek help through University resources available to you.

- The **Counseling and Wellness Center** 352-392-1575 offers a variety of support services such as psychological assessment and intervention and assistance for math and test anxiety. Visit their web site for more information: <http://www.counseling.ufl.edu>. On line and in person assistance is available.
- **U Matter We Care** website: <http://www.umatter.ufl.edu/>. If you are feeling overwhelmed or stressed, you can reach out for help through the You Matter We Care website, which is staffed by Dean of Students and Counseling Center personnel.
- The **Student Health Care Center** at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the web site at: <https://shcc.ufl.edu/>
- Crisis intervention is always available 24/7 from: Alachua County Crisis Center: (352) 264-6789 <http://www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx>
- **University Police Department**: Visit [UF Police Department website](#) or call 352-392-1111 (or 9-1-1 for emergencies).
- **UF Health Shands Emergency Room /Trauma Center**: For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; Visit the [UF Health Emergency Room and Trauma Center website](#).

Do not wait until you reach a crisis to come in and talk with us. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance.

ADDITIONAL ACADEMIC RESOURCES

- **Career Connections Center**: Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.
- **Library Support**: Various ways to receive assistance with respect to using the libraries or finding resources.
- **Teaching Center**: Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420. General study skills and tutoring.
- **Writing Studio**: 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers.
- Student Complaints On-Campus: Visit the [Student Honor Code and Student Conduct Code webpage for more information](#).
- On-Line Students Complaints: [View the Distance Learning Student Complaint Process](#).

ONLINE FACULTY COURSE EVALUATION PROCESS

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give professional and respectful feedback is available at <https://gatorevals.ua.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.ua.ufl.edu/public-results/>.

INCLUSIVE LEARNING ENVIRONMENT

Public health and health professions are based on the belief in human dignity and on respect for the individual. As we share our personal beliefs inside or outside of the classroom, it is always with the understanding that we value and respect diversity of background, experience, and opinion, where every individual feels valued. We believe in, and promote, openness and tolerance of differences in ethnicity and culture, and we respect differing personal, spiritual, religious and political values. We further believe that celebrating such diversity enriches the quality of the educational experiences we provide our students and enhances our own personal and professional relationships. We embrace The University of Florida's Non-Discrimination Policy, which reads, "The University shall actively promote equal opportunity policies and practices conforming to laws against discrimination.

The University is committed to non-discrimination with respect to race, creed, color, religion, age, disability, sex, sexual orientation, gender identity and expression, marital status, national origin, political opinions or affiliations, genetic information and veteran status as protected under the Vietnam Era Veterans' Readjustment Assistance Act." If you have questions or concerns about your rights and responsibilities for inclusive learning environment, please see your instructor or refer to the Office of Multicultural & Diversity Affairs website: www.multicultural.ufl.edu

DESCRIPTION OF COURSE CONTENT

Outline/Course Schedule

All assigned articles, webpages, lectures, videos etc. should be read/watched prior to class. If you miss class, it is your responsibility to obtain notes, handouts, and summary of the lesson/class activities from the missed class. This course schedule is subject to revision. Confirm deadlines in class and always check Canvas for updates.

Week	BEFORE CLASS	DURING CLASS	DUE FRIDAY
TOPIC: WHAT MAKES A GREAT HEALTHCARE PROFESSIONAL?			
Week 1 Jan 10	None	Introduction Syllabus Review/Class Expectations Class Discussion	Quiz 1 [Syllabus]
TOPIC: US HEALTHCARE SYSTEM			
Week 2 Jan 17	Watch: Kaiser - Health Insurance Explained: The YouToons... Watch: Kaiser - When the US Implemented the ACA Read: Textbook Chapters 1 and 2 Read: US Healthcare System Profile	Quiz 2 (first 10 minutes of class) Class Discussion/Small Group Work	Reaction Week 2
TOPIC: MEDICAID AND MEDICARE			
Week 3 Jan 24	Read: Kaiser - 10 Things to Know about Medicaid... Read: Kaiser - An Overview of Medicare Watch: Kaiser - Health of the Healthcare System Read: Textbook Chapters 3 and 4	Quiz 3 (first 10 minutes of class) Class Discussion/Small Group Work	Reaction Week 3
TOPIC: HEALTHCARE REFORM			
Week 4 Jan 31	Watch: Dr. David Guzik - Former President of UF Health Watch: Kaiser - Health Reform Hits Main Street Read: Textbook Chapter 5	Quiz 4 (first 10 minutes of class) Class Discussion/Small Group Work	Reaction Week 4
TOPIC: PUBLIC HEALTH AND HEALTHCARE			
Week 5 Feb 7	Watch: Ms. Jerne Shapiro, MPH - Epidemiologist at UF Health Watch: Ms. Jae'Lyn Gilbert, MPH - UF MPH Graduate Watch: TED Talk: What makes us get sick? Look upstream Read: AAFP-Integration of Primary Care and Public Health	Quiz 5 (first 10 minutes of class) Class Discussion/Small Group Work	Reaction Week 5 PD Assignment 1

Week 6 Feb 14	TOPIC: TECHNOLOGY IN HEALTHCARE		
	Watch: Dr. Keith Benson, PhD – UF MHA Program Director Watch: Ms. Allison Bates & Madeleine Ngo—UF MHA Graduate Watch: TED Talk: The Future of Rural Healthcare Read: Textbook Chapters 24 & 31	Quiz 6 (first 10 minutes of class) Class Discussion/Small Group Work	Reaction Week 6
Week 7 Feb 21	TOPIC: SOCIAL DETERMINANTS OF HEALTH		
	Watch: Ms. Shalon Buchs, PA – Associate Director, PA Studies Watch: Ms. Rita Ditommaso, PA & Tamara Bateh, PA – Surgical PA Watch: TED Talk: What Americans Agree on When it Comes to... Read: Kaiser: Disparities in Health and Healthcare	Quiz 7 (first 10 minutes of class) Class Discussion/Small Group Work	Reaction Week 7
Week 8 Feb 28	TOPIC: VULNERABLE POPULATIONS		
	Watch: Dr. Daniel Smith, PhD – MUSC, Director Internship program Watch: Dr. Elle Wiggins, PhD – UF CHP graduate Watch: TED Talk: The #1 Public Health Issue Doctors Aren't Talking Read: Textbook Chapters 20-21	Quiz 8 (first 10 minutes of class) Class Discussion/Small Group Work	Reaction Week 8
Week 9 Mar 6	TOPIC: GROUP ASSIGNMENT PART 1		
	None	Group Case Report Work	Group Questions
Week 10 Mar 13	TOPIC: NO CLASS – SPRING BREAK		
	NO CLASS – SPRING BREAK		
Week 11 Mar 20	TOPIC: RESEARCH IN HEALTHCARE		
	Watch: Dr. Abigail Wilson, PhD, PT, DPT Watch: Joel Bialosky, PhD, DPT Watch: Christine Myers, OTD, Director of UF OTD Program Watch: Ms. Sharon Medina—UF OT/Rehab Science PhD student Watch: TED Talk: Trust in research - Ethics of knowledge production Read: Textbook Chapters 16-18	Quiz 9 (first 10 minutes of class) Guest Lecturer [DPT]	
Week 12 Mar 27	TOPIC: GROUP ASSIGNMENT PART 2		
	None	Group Case Report Work	PD Assignment 2

Week 13 Apr 3	TOPIC: HEALTH PROMOTION AND DISEASE PREVENTION		
	Watch: Dr. Chris Schreier, DNP, APRN – Nurse Practitioner Watch: Chelsey McClellan, RN – UF Pediatrics DNP student Watch: TED Talk: It's Time to Focus on Health Prevention Read: Textbook Chapters 11 & 32	Quiz 10 (first 10 minutes of class) Guest Lecturer [APRN]	Case Report Draft
Week 14 Apr 10	TOPIC: INTEGRATING MEDICINE AND PUBLIC HEALTH		
	Watch: Dr. John Trainer, MD-Primary Care Physician Watch: Dr. Maddie Shneck, MD-Pediatrician Watch: Dr. Troy Larson—UF Health Urology Resident Watch: Drs. Sharon Byun & Louis Moy –UF Health OB-GYN and Urology faculty Read: Textbook Chapter 9 Read: AAFP-Integration of Primary Care and Public Health	Quiz 11 (first 10 minutes of class) Guest Lecturer [MD]	
Week 15 Apr 17	TOPIC: PATIENT-PROVIDER RELATIONSHIP 1		
	Watch: Dr. Michelle Farland —Clinical Associate Professor; Pharmacy Watch: Ms. Hemita Bhagwandass—UF Pharmacy Student Watch: TED Talk: 4 Questions You Should Always Ask Your Doctor Read: Textbook Chapter 14 Read: Noseworthy J. Preserving the Patient-Physician Relationship	Quiz 12 (first 10 minutes of class) Guest Lecturer [Pharm.D.]	
Week 16 Apr 24	TOPIC: PATIENT-PROVIDER RELATIONSHIP 2		
	Watch: Gabriella Quevedo—UF Dental Student Watch: Dr. Pamela Sandow—Assistant Dean for Admissions & Financial Aid in College of Dentistry Watch: TED Talk: A Doctor's Touch Read: Textbook Chapter 12	Quiz 13 (first 10 minutes of class) Guest Lecturer [DMD]	Case Report
Week 17 May 1	NO CLASS: FINALS WEEK		
	NO CLASS – FINALS WEEK		

***Schedule is subject to change in the event of extenuating circumstances. Any changes will be announced in class, and the student is personally responsible for obtaining updated information regarding those changes.