University of Florida
College of Public Health & Health Professions Syllabus
Course Number Psychiatric Disorders HSC4600 (3 credit hours)
Semester: Spring 2024
Delivery Format: On-Campus (HPNP G-201)
Course Website or E-Learning: *https://ufl.instructure.com/courses/348350*

Instructor Name: Glenn S. Ashkanazi, PhD
Room Number: TBA Psychiatric_Disorders_Syllabus
Phone Number: 352-265-0294
Email Address: Glenna@phhp.ufl.edu
Office Hours: by appointment (most likely to be available before or after class)
Teaching Assistants:
Preferred Course Communications (e.g., email, office phone): email through e-learning (http://elearning.ufl.edu)

Prerequisites
PSY 2012 General Psychology

PURPOSE AND OUTCOME

Course Overview:
This course provides an overview of disordered experience and conduct and how these influence personal and social adjustment. It will focus on descriptions of psychological disorders defined by the *DSM-5*. Emphasis will be on etiology, development, course, and treatment of psychopathology. It will also explore current theory and research.

Relation to Program Outcomes
This course will provide a more nuanced presentation of psychiatric disorders beyond what students have been exposed to in pre-requisite courses. Ultimately, the material presented in this course should prepare students to effectively understand and engage with these disorders in clinical settings.

Course Objectives and/or Goals
By the end of the semester students should have an understanding of:
1) Abnormal behavior in a historical context, including social and cultural influences on the conceptualization and treatment of mental disorders
2) The conceptual basis for major models of mental illness
3) The current system for the classification and assessment of mental disorders
4) The behaviors and symptoms necessary for the diagnosis of mental disorders
5) The biochemical, gender, cultural, and environmental factors which predispose individuals toward mental disorders and impact prognosis
6) The different approaches used in treating mental illness
7) Major legal and ethical issues influencing the treatment of mental illness

Instructional Methods
Lecture, class discussion, and small-group and individual work will comprise the majority of class sessions. The role of the instructors will be to: present an overview of relevant topics, provide additional reading material and learning resources with up-to-date research findings, facilitate discussion of selected topics, and provide timely feedback. Expectations for students are to attend class fully prepared, participate in class discussions, and read assigned materials prior to class in preparation for lecture.

Blended Learning

What is blended learning and why is it important?
A Blended Learning class uses a mixture of technology and face-to-face instruction to help you maximize your learning. Knowledge content that, as the instructor, I would have traditionally presented during a live class lecture is instead provided online before the live class takes place. This lets me focus my face-to-face teaching on course activities designed to help you strengthen higher order thinking skills such as critical thinking, problem solving, and collaboration. Competency in these skills is critical for today's health professional.

What is expected of you?
You are expected to actively engage in the course throughout the semester. You must come to class prepared by completing all out-of-class assignments. This preparation gives you the knowledge or practice needed to engage in higher levels of learning during the live class sessions. If you are not prepared for the face-to-face sessions, you may struggle to keep pace with the activities occurring in the live sessions, and it is unlikely that you will reach the higher learning goals of the course. Similarly, you are expected to actively participate in the live class. Your participation fosters a rich course experience for you and your peers that facilitates overall mastery of the course objectives.

DESCRIPTION OF COURSE CONTENT

Class	Date(s)	Topic(s)	Readings
1	Jan 12	Introduction / Overview; Abnormal Psychology, Past and Present-Chapter 1	Chapter 1 & 2
		Research in Abnormal Psychology-Chapter 2	
2	Jan 19	Models of Abnormality	Chapter 3
		Assessment / Diagnosis / Treatment	Chapter 4
		Exam Review	
3	Jan 26	**EXAM 1** (Chs. 1-4)	
		Stress Disorders (PTSD and Dissociative Disorders)	Chapter 6
4	Feb 2	Anxiety Disorders	Chapter 5
5	Feb 9	Mood Disorders	***Please bring your laptop computer, tablet or smartphone, & headphones*** Chapter 7 (Kognito-1230-100pm)
		Exam Review	
6	Feb 16	**EXAM 2** (Chs. 5, 6 & 7)	
		Suicide	Chapter 8
7	Feb 23	Eating Disorders	Chapter 10

Class	Date(s)	Topic(s)	Readings
8	Mar 1	Substance-Related Disorders	Chapter 11
9	Mar 8	Sleep-Related Disorders	
		Transplant Evaluations	
--	Mar 15	NO CLASS-SPRING BREAK	
10	Mar 22	**EXAM 3** (Chs. 8, 10, 11, Sleep, & Transplant content)	
		Somatic Disorders	Chapter 9
11	Mar 29	Schizophrenia	Chapter 13
		Psychopharmacology	
12	Apr 5	Childhood Disorders	Chapter 16
13	Apr 12	**EXAM 4** (Chs. 9, 13, 16, & Psychopharm content)	
		Personality Disorders	Chapter 15
14	Apr 19	Neuropsychological Assessment	Chapter 17
		Disorders of Aging and Cognition	
--	May 2 730am-930am	**EXAM 5** (Optional)	From Chs. 15 & 17

*Scheduled presentations are subject to change with prior notice from the instructor.
**Information about activities is available under the Resources tab of the class Canvas site.

Course Materials and Technology
Comer, Ronald J. & Comer, Jonathon S. (2021). Abnormal Psychology (11th ed.). New York: Worth Publishers.

For technical support regarding CANVAS for this class, please contact the UF Help Desk at:
- helpdesk@ufl.edu
- (352) 392-HELP - select option 2
- https://helpdesk.ufl.edu/

UF ALL ACCESS
Student Instructions for Opting in to All Access Materials
1. Go to https://bsd.ufl.edu/allaccess
a. Click the "Opt In" tab or the "View Eligible UF All Access Classes" button

b. Log in with your GatorLink account.
2. Students are shown a list of classes in which they are enrolled in that are participating in UF All Access with the prices included.

3. Click the Opt-in check box next to the desired class.

4. Once you have reviewed your course selections click the Opt-In button.

5. The access code or access instructions are now displayed.

a. For Access Codes - Please copy the code and follow your instructor's specific directions for gaining access to your materials. Typically you will find the instructions on your class Canvas page.

b. For Brytewave eTextbooks – You will receive an email at your @ufl.edu within 24 hours of opting in, which will provide you with access to your bookshelf.

6. The classes that you opted into will continue to be displayed at https://bsd.ufl.edu/allaccess for up to three weeks after the term has started. Be sure to register the access code before this deadline.

"Achieve"

Achieve is an online resource where students can access their e-text, take quizzes, and more. You WILL need your NEW activation code received from purchase in your new book pack (printed on the inside cover), or code from the bookstore, OR from purchasing the access code online. **KEEP the code to register on *Achieve* as you WILL need it for required assignments, quizzes, and tests as well as access to the e-text. Do not lose the code as there is no way to receive a new code without paying.** NOTE: If you have a used book and the code was used in a previous semester, it will not let you use the code again. If you have not purchased the code and a quiz is due, you must contact Instructor prior to the quiz due date.

- Instructions for registering – Dr. Ashkanazi will provide you with instructions on how to register your code from our class in Canvas. Please use the same login (your@ufl.edu email) and password that you used for Canvas and my.ufl.edu.
    - **If you have trouble during the registration process, please call 1-800-936-6899 or email tech support at BFW.TechnicalSupport@macmillan.com.**

- **Online Activities and Homework Assignments**: All *LearningCurve* preparatory assignments will be due by the start of class each week (**by Friday at 10:40 AM**). Any in-class activity assignments or other homework activities corresponding to a particular class (e.g., Video Activities, Clinical Choices, etc.) will be due as follows:
    - Video Activities due by 3:00 PM on Friday (i.e., same day as the class in which it was assigned).
    - Clinical Choices due by 12:00 PM (noon) on the Saturday immediately following the class in which it was assigned (i.e. the next day).

Additional Academic Resources

Career Connections Center: Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.

Library Support: Various ways to receive assistance with respect to using the libraries or finding resources.

Teaching Center: Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420. General study skills and tutoring.

Writing Studio: 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers.

Student Complaints On-Campus: Visit the Student Honor Code and Student Conduct Code webpage for more information.

ACADEMIC REQUIREMENTS AND GRADING

All assignments will be completed through Achieve. Assignments include Learning Curve quizzes and activities, in class activities, and exams. Learning Curves range from 2 to 3 points and will be due before the start of class. In class activities are due during class and are 3 or 5 points each, and Clinical Choices activities will be due the day after class. Exams will be completed in class electronically and are comprised of multiple-choice questions that will be based on material in the textbook and lectures. The lowest exam grade can be dropped. The point distribution is outlined below.

Assignments

Grading

Requirement	Due date	Points
Exam 1	January 26, 2024	100 pts
Exam 2	February 16, 2024	100 pts
Exam 3	March 22, 2024	100 pts
Exam 4	April 12, 2024	100 pts
Exam 5 (optional)	May 2, 2024 (7:30am to 9:30am)	(100 pts)
Pre-class Learning Curve Assignments	Prior to start of class each Friday (open after class the previous week)	(100 pts)
In Class activities	3:00pm every Friday	(70 pts)
Post-class Clinical Choices Assignments	One day after class	(50 pts)
Course evaluation	85% completion	Increase in 1 percentage point
Intro Survey	January 14, 2024 at midnight	(5 pts)
Checkpoint Survey 1	March 3, 2024 at midnight	(5 pts)
Can drop lowest test		Class total = 630 pts

Total points = 630 (Lowest grade among exams can be dropped)

Point system used (i.e., how do course points translate into letter grades).

Example:

Points earned	586-630	567-585	548-566	523-547	504-522	485-503	460-484	441-459	422-440	397-421	378-396	<378
Percent	93-100%	90-92%	87-89%	83-86%	80-82%	77-79%	73-76%	70-72%	67-69%	63-66%	60-62%	<60%
Letter Grade	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E

Please be aware that a C- is not an acceptable grade for graduate students. The GPA for graduate students must be 3.0 based on 5000 level courses and above to graduate. A grade of C counts toward a graduate degree only if based

on credits in courses numbered 5000 or higher that have been earned with a B+ or higher. In addition, the Bachelor of Health Science and Bachelor of Public Health Programs do not use C- grades.

Letter Grade	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E	WF	I	NG	S-U
Grade Points	4.0	3.67	3.33	3.0	2.67	2.33	2.0	1.67	1.33	1.0	0.67	0.0	0.0	0.0	0.0	0.0

More information on UF grading policy may be found at:
https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/

Exam Policy
All exams will be administered and taken by students in-person in the classroom (HPNP G-312). Students taking exams in person using personal computing devices must use the Respondus LockDown browser while completing their exams. Paper exams will be made available to students who prefer to take their exams offline. Only students with excused absences, that have been approved by the instructor, may take an exam remotely. Any exam taken remotely must be taken using Honorlock Online Proctoring software. Attendance will be taken before examinations begin and students will be provided access to exams once their presence has been confirmed.

Policy Related to Make up Exams or Other Work
Make-up work: If you must miss an exam because of a foreseeable conflict (i.e., professional conference, athletic competition, religious observance, etc.) you are expected to notify us immediately to set-up alternative arrangements *prior* to the exam date. If a student is not in class for an exam due to an illness or medical emergency, they will be required to provide a statement from their healthcare provider documenting the illness or medical emergency. Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found in the online catalog at:
https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/#absencestext
and
https://catalog.ufl.edu/UGRD/academic-regulations/examination-policies-reading-days/#excusedabsencestext

Please note: Any requests for make-ups due to technical issues MUST be accompanied by the UF Computing help desk (http://helpdesk.ufl.edu/) correspondence. You MUST e-mail me within 24 hours of the technical difficulty if you wish to request a make-up.

Policy Related to Required Class Attendance
Class attendance is considered an integral part of the learning experience as class discussions and lectures will include valuable material covered in the examinations that is not otherwise covered in the textbook. While class attendance will not be taken, 11% of your final grade will come from **in-class activities** (*you must be in class physically in order to participate in activities*). Thus, students are expected to attend all classes and participate in class discussions to have exposure to this information. If an absence is **excused**, the student will be allowed the opportunity to complete the in-class activity on their own time, due to ???? or ???? within 48 hours of the missed class period. It is the student's responsibility to reach out regarding excused absences. Activities missed due to **unexcused absences** will be given a zero. If students must be absent, they will be responsible for any missed material by acquiring lecture notes from other students who attended. You can expect that class slides will, in most cases, be on Canvas, however, not every lecture has slides that will accompany it and not all information will be on slides. Some material presented in lectures will not be in the texts and will be included on examinations. Thus, reduced attendance can be expected to result in a lower course grade.

We understand that many students will have extenuating circumstances throughout the semester. Should this occur, it is the student's responsibility to be proactive in addressing their situation with the instructors. If you believe you have a legitimate reason for missing class, you may request an extension from the instructors **before the missed class**. Should that not be physically possible, students should contact the instructor with documentation of their difficulty immediately.

Please note all faculty are bound by the UF policy for excused absences. For information regarding the UF Attendance Policy see the Registrar website for additional details: https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx

STUDENT EXPECTATIONS, ROLES, AND OPPORTUNITIES FOR INPUT

Expectations Regarding Course Behavior
Class participation: As Psychiatric Disorders is a thought-provoking topic and often leads to interesting discussions about the topics covered within this course, student participation is expected. We expect each individual to contribute throughout the semester and will monitor ongoing student participation. Remember: There are no "stupid questions" and one of the most powerful ways to learn is in the moment by interacting with your instructors and classmates.

Professional behavior: Professional behavior is expected in the classroom at all times. This includes arriving to class promptly and staying until the end of class, avoiding any form of classroom disruption, and treating the instructor and peers with respect.

Use of computers/technology: Before class starts, you are welcome to use computers to check email, play games, and any other personal purpose consistent with college policies. Once class starts, you must close (not just minimize) all programs and windows not being used for class purposes. This includes instant messaging, chats, email, games, websites that are not being used directly for class, and others. If you use computers in a manner contrary to the directions of the syllabus and/or instructor, you may be asked to leave the class for the day.

Use of cell phones: Cell phones are distracting. Cell phones must be placed on silent or turned off during class. Any use of a cell phone during class (i.e., chatting, texting) will be considered a violation of this policy as it disrupts other students from learning. Please speak to the instructors prior to the beginning of class if you experience an emergency that requires you to leave the room to take a phone call.

Food/Drink: To the extent permitted by facility rules and restrictions, you may bring food and/or beverages to class as long as it does not interfere with your ability to work and/or participate in class and as long as it does not interfere with or your classmates' ability to work and participate in class. You will be expected to clean-up after yourself and dispose of all trash before leaving the classroom.

Course evaluations: We take your feedback seriously and thus ask that each student complete the course evaluations at the end of the semester. If at least **85% of students** in the class complete the course evaluations for both the faculty member and the teaching assistants, then 1 **percentage point will be added to every student's final grade.**

Academic Integrity

Students are expected to act in accordance with the University of Florida policy on academic integrity. As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

"**We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity**."

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied:

"**On my honor, I have neither given nor received unauthorized aid in doing this assignment.**"

It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary

action. For additional information regarding Academic Integrity, please see Student Conduct and Honor Code or the Graduate Student Website for additional details:
https://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/
http://gradschool.ufl.edu/students/introduction.html

Please remember cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

Recording Within the Course:

Students are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor.

A "class lecture" is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course. A class lecture does not include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or lecturer during a class session.

Publication without permission of the instructor is prohibited. To "publish" means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third-party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student Honor Code and Student Conduct Code.

Policy Related to Guests Attending Class:

Only registered students are permitted to attend class. However, we recognize that students who are caretakers may face occasional unexpected challenges creating attendance barriers. Therefore, by exception, a department chair or his or her designee (e.g., instructors) may grant a student permission to bring a guest(s) for a total of two class sessions per semester. This is two sessions total across all courses. No further extensions will be granted. Please note that guests are **not** permitted to attend either cadaver or wet labs. Students are responsible for course material regardless of attendance. For additional information, please review the Classroom Guests of Students policy in its entirety. Link to full policy: http://facstaff.phhp.ufl.edu/services/resourceguide/getstarted.htm

Online Faculty Course Evaluation Process
Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at https://gatorevals.aa.ufl.edu/students/. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via https://ufl.bluera.com/ufl/. Summaries of course evaluation results are available to students at https://gatorevals.aa.ufl.edu/public-results/.

SUPPORT SERVICES

Accommodations for Students with Disabilities
If you require classroom accommodation because of a disability, it is strongly recommended you register with the Dean of Students Office http://www.dso.ufl.edu within the first week of class or as soon as you believe you might be eligible for accommodations. The Dean of Students Office will provide documentation of accommodations to you, which you must then give to me as the instructor of the course to receive accommodations. Please do this as

soon as possible after you receive the letter. Students with disabilities should follow this procedure as early as possible in the semester. The College is committed to providing reasonable accommodations to assist students in their coursework.

Counseling and Student Health

Students sometimes experience stress from academic expectations and/or personal and interpersonal issues that may interfere with their academic performance. If you find yourself facing issues that have the potential to or are already negatively affecting your coursework, you are encouraged to talk with an instructor and/or seek help through University resources available to you.

- The **Counseling and Wellness Center** 352-392-1575 offers a variety of support services such as psychological assessment and intervention and assistance for math and test anxiety. Visit their web site for more information: http://www.counseling.ufl.edu. On line and in person assistance is available.

- **U Matter We Care** website: http://www.umatter.ufl.edu/. If you are feeling overwhelmed or stressed, you can reach out for help through the You Matter We Care website, which is staffed by Dean of Students and Counseling Center personnel.

- The **Student Health Care Center** at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the web site at: https://shcc.ufl.edu/

- Crisis intervention is always available 24/7 from: Alachua County Crisis Center: (352) 264-6789 http://www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx

- **University Police Department**: Visit UF Police Department website or call 352-392-1111 (or 9-1-1 for emergencies).

- **UF Health Shands Emergency Room / Trauma Center:** For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; Visit the UF Health Emergency Room and Trauma Center website.

Do not wait until you reach a crisis to come in and talk with us. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance.

Inclusive Learning Environment

Public health and health professions are based on the belief in human dignity and on respect for the individual. As we share our personal beliefs inside or outside of the classroom, it is always with the understanding that we value and respect diversity of background, experience, and opinion, where every individual feels valued. We believe in, and promote, openness and tolerance of differences in ethnicity and culture, and we respect differing personal, spiritual, religious and political values. We further believe that celebrating such diversity enriches the quality of the educational experiences we provide our students and enhances our own personal and professional relationships. We embrace The University of Florida's Non-Discrimination Policy, which reads, "The University shall actively promote equal opportunity policies and practices conforming to laws against discrimination. The University is committed to non-discrimination with respect to race, creed, color, religion, age, disability, sex, sexual orientation, gender identity and expression, marital status, national origin, political opinions or affiliations, genetic information and veteran status as protected under the Vietnam Era Veterans' Readjustment Assistance Act." If you have questions or concerns about your rights and responsibilities for inclusive learning environment, please see your instructor or refer to the Office of Multicultural & Diversity Affairs website: www.multicultural.ufl.edu